

## SMALL GROUP GUIDELINES:

1. Keep your sharing focused on your own thoughts and feelings. Limit your sharing to three to five minutes.
2. There will be NO cross talk. Cross talk is when two individuals engage in conversation, excluding all others. Each person is free to express his or her feelings without interruptions.
3. We are here to support one another, not "fix" one another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group.

## ACCOUNTABILITY TEAM PHONE NUMBERS:

Sponsor: \_\_\_\_\_

Accountability Partners: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

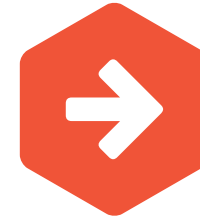
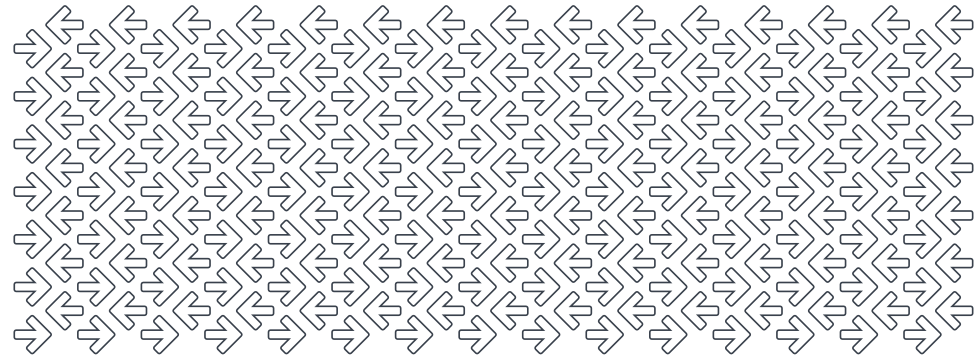
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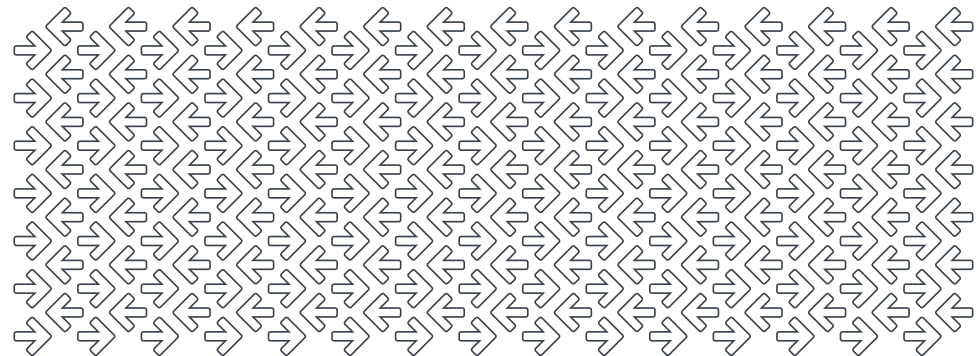
# SPONSORS AND ACCOUNTABILITY PARTNERS

THE PROBLEM AND SOLUTION



# RESTORE

— A CHRIST-CENTERED PROGRAM —



## SPONSORS:

Definition: This is a person who acts as your coach or mentor in your journey of healing & restoration.

## REQUIREMENTS:

- Must have completed a Step Study and the 12 Steps with their own sponsor.
- Actively involved in a relationship with their own sponsor.
- Have one continuous year of abstinence.
- Be actively involved in the weekly *Restore* meetings and trainings.
- Must be the same gender as their sponsee.

## WHAT TO LOOK FOR:

- Is a true Christ Follower, displayed by his/her actions, words, and character.
- Displays emotional and spiritual healing in an area similar to my current struggle(s), when possible.
- Is a good listener who responds with grace, but is not afraid to speak the truth in love.

## HOW DO I FIND ONE?

- Pray for God to lead you to the right person for you.
- Getting to know others during Solid Rock Café and First Monday Dinners.
- Ask other participants in Open Share and a Step Study who they are using or would recommend.

## ACCOUNTABILITY PARTNERS:

Definition: A group of two or three people who are your teammates or Step Study participants during your journey of healing & restoration.

## RECOMMENDATIONS:

- Actively involved in the weekly *Restore* meetings, i.e. Large Group, Open Share or a Step Study.
- Available to listen, but has healthy boundaries, and does not try to fix you.
- Willing to pray for you and with you.
- Actively seeking a closer walk with Christ.
- Is not afraid to confront you when you are on a negative path by making suggestions or offering biblical resources.
- Encourages you to attend Large Group, Open Share or a Step Study.
- Celebrates your victories with you. Will give you a “high five” or hug when needed.
- Displays confidentiality & anonymity.
- Not afraid to say, “I don’t know.”
- Willing to share his or her own struggles.

**Principle 4:** Openly examine and confess my faults to myself, to God and to someone I trust.

*“Happy are the pure in heart.” Matthew 5:8*

*“Two are better than one because they have a good reward for their efforts. For if either falls, his companion can lift him up; but pity the one who falls without another to lift him up.” Ecclesiastes 4:9-10*